

Money-saving tips

Get cheaper energy

You can compare prices at uswitch.com or get help and advice from Citizens Advice at citizensadvice.org.uk/energy

Save on water bills

If you pay more than 5% of your income towards your bill, the WaterHelp scheme may provide a 50% discount. Other schemes include the WaterSure and Customer Assistance Funds if you get into debt. Visit thameswater.co.uk/help

Save mobile or broadband costs

Struggling to afford your broadband or phone services? Most providers offer customers a wide range of 'social tariffs' as a safety net. Search 'ofcom social tariffs'.

Energy-saving tips

An average sized home can save up to £60 a year if you draught-proof windows and doors, £11 a year by not overfilling the kettle, and £65 if you don't put devices on standby. For more tips: energysavingtrust.org.uk

Freecycle furniture

Give and get stuff for free, recycle and reuse unwanted items and save landfill use. Visit freecycle.org

NHS

The NHS Low Income Scheme could help you pay for NHS prescriptions, NHS dental treatment, eyesight tests, glasses, contact lenses and the cost of travelling to receive NHS treatment lbhf.gov.uk/nhslowincome

Hammersmith BID Privilege Card Scheme

Enjoy discounts from local shops and businesses. Visit hammersmithbid.co.uk

Money Saving Expert

Lots of tips and ideas on how to save money and get the best deals, at moneysavingexpert.com

Hammersmith Library of Things

Borrow household items for DIY, cleaning, gardening, entertainment and more, saving you money. Visit libraryofthings.co.uk

H&F Business Support

Help and advice for new and established businesses. Find out more at lbhf.gov.uk/business-connects