



## Someone you can talk to

H&F has a dedicated Cost-of-living team to help you through this difficult time

They can discuss your current financial circumstances, and provide help and advice with:

- Council tax
- Rent and discretionary housing payments
- H&F's Hardship Fund and other available financial support
- Free school meals
- Clothing grants
- Support with household energy efficiency
- Fuel bank vouchers
- Sign posting to budgeting and debt advice.

If you are struggling to heat your home or buy food, we can connect you to local organisations and services within the council that can help. Many of these are listed throughout this booklet.



### For business advice and support

Contact our Business Help Desk for 1-2-1 support by emailing [business-support@lbhf.gov.uk](mailto:business-support@lbhf.gov.uk) or call and leave a message on **020 8753 5585**.

Further details can be found at [lbhf.gov.uk/business/business-connects](http://lbhf.gov.uk/business/business-connects)

### For council tenants

If you are a council tenant and need advice on benefits, grants, budgeting, or if you are struggling to heat your home or buy food, please call H&F Council's Tenants Welfare Benefits team on **020 8753 5566** or email: [welfare.benefit@lbhf.gov.uk](mailto:welfare.benefit@lbhf.gov.uk)

! Help is available for everyone to get the support they need. Just call our Cost-of-living team for free on **0800 917 6994**. Lines are open 8am-6pm, Monday to Friday.  
Or email: [costoflivingteam@lbhf.gov.uk](mailto:costoflivingteam@lbhf.gov.uk)

